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Information about this booklet

Welcome to your Local Services booklet; a guide to the services available in your area.

We have produced this guide to help keep you better informed about the services available to you in your area and how to access them. We hope that you find the content of this booklet useful and informative.

For further information on the individual services please contact the providers directly.
Further details of local services are available at [www.calderdale.gov.uk](http://www.calderdale.gov.uk)
Early Intervention and Safeguarding

Early Intervention Service
The idea of early help is simple: by working together with children and families we can prevent issues occurring, or provide better support when they do. Calderdale’s Early Intervention Service has been developed to achieve the vision for locality working. This will ensure that Calderdale Council and its partners can continue to deliver efficient and effective services which families in Calderdale need. Our focus is to deliver intervention which is early and focused for children, young people (0-19) and their families who have been identified as being most at risk of needing supporting from a specialist service.
Website: [www.calderdale.gov.uk/advice/parents/early-intervention](http://www.calderdale.gov.uk/advice/parents/early-intervention)

Family Intervention Team
Calderdale’s Family Intervention Team offer support to families that are facing multiple problems and experiencing high levels of disadvantage. This can be identified where needs of a child meet Tier 4 or 5 on the Continuum of Need. The team use intensive tailored action with supervision and clear sanctions to actively promote change and work to help children in need to remain safely within their own homes. A Key Workers’ role is to ‘grip’ the family, the causes of their poor behaviour and the agencies involved with them, to deliver a more co-ordinated and sustained response. The service offers a ‘whole family’ approach which considers the needs of all family members and assesses the underlying problems driving the family’s behaviour in order to identify which services need to be involved,
Telephone: 01422 392658

Family Support Service
Family Support Staff and Family Outreach workers give practical and emotional support to families with children aged 0-19 years with issues such as sleepless nights, behavioural problems, school based issues and at times of crisis and complex problems. Some of this work is in groups, drop in sessions or one to one with you in your home. If it is needed, we can bring together all services to link you with anyone who can help. A team of Family Support Workers and Parent Link Workers work across Central Halifax supporting families in their home and running groups and activities.
Telephone: 01422 342552
Calderdale Young Carers
Calderdale Young Carers Service offers support to young people between 8-18 years, who care for someone at home. Young Carers support family members suffering from a range of issues including physical or mental health problems, learning difficulties, drug and alcohol issues or long enduring illnesses. The service offers a wide range of support to the young person and their families including; weekly activities, one to one work, outreach work, school support, group support sessions and attendance at meetings and reviews.
We also offer a targeted service to young people between 16 and 18 years old. Referrals can be made in many ways, either by professionals or self-referral; in order to make a referral, consent must be given by parents, a diagnosis in the family, and caring roles must impact on the family. The easiest way to make a referral is to contact us by telephone on 01422 261208, or from a landline (call Freephone) on: 0800 3895785.

Information, Advice and Support Service (IAS)
The IASS - Information, Advice and Support Service (formerly Parent Partnership) provides legally based, impartial, confidential advice, information and support, for parents of children and young people with special educational needs and / or disabilities about their education, health and / or care needs. Visit the website: www.calderdalesendiass.org.uk
Telephone for more information: 01422 266141

Contact Service
The team provides contact for Children Looked After and their birth families. This may be whilst the case in in proceedings or longer term following the courts decision that the children are to remain in long term care. The aim of contact for the child is to maintain a relationship with and to foster their identity with their birth family. Observations of contact may also contribute to Calderdale’s evidence in court regarding its long term plan for the child. This is a statutory service, with referrals for the service coming from Children’s Social Care Social Workers. The Team is based in Elland, but contact can also take place across Calderdale and occasionally neighbouring authorities.
Telephone for more information: 01422 281210
Youth Offending Team
Calderdale Youth Offending Team is a multi-agency partnership preventing offending by working with young people, parents, victims of crime, communities and engaging volunteers. They are committed to prevent offending by young people by providing appropriate education, support and guidance.
**Telephone:** 01422 368279
**Website:** [www.calderdale.gov.uk/socialcare/youngpeople/youngoffenders/index](http://www.calderdale.gov.uk/socialcare/youngpeople/youngoffenders/index)

Youth Clubs/Centres
The Young People’s Service provides a service for young people ages 13-19 in the following areas within the Upper Valley:

- Todmorden
- Mytholmroyd
- Luddenden / Luddendenfoot
- Ripponden

Information and advice for young people including details of youth centres and projects, leisure activities and support services in Calderdale: [www.calderdale.gov.uk/education/youthsupport](http://www.calderdale.gov.uk/education/youthsupport)

Lifeline

**Lifelines Families and Communities United**
Lifelines Families and Communities United works with families, young people and community members supporting and empowering people around substance misuse.
Families and Communities United works across Bradford and Calderdale to engage and strengthen communities and families; providing families and individuals with new skills to prevent, tackle and protect themselves against substance misuse issues in the community.

**Lifelines Young Persons’ Services**
Lifeline Calderdale’s Young Persons’ Services offer advice, information and guidance around drugs, alcohol and sex as well as offering activities, education,
arts and sport for all 10-21 year olds.

**Branching Out** is a confidential alcohol and drug service for young people in Calderdale aged 10-21 years. We work with young people who are using alcohol, drugs or solvents at any level, and those at risk of using substances.

**West Yorkshire Positive Futures:**
Working with 10-19 year olds that are involved in ASB and/or offending offering positive activities in groups and on a 1-1 level with young people. We offer a varied selection of activity across the borough including football, gym, fitness and climbing. Referrals can come from any young person, family or professional.

**Get2**
We work with 16-19 year olds who are not in education, employment or training offering accredited courses on subjects such as substance misuse awareness, pursuit of personal goals and participating in leisure activities. We also offer Maths and English at entry level and level 1. There is 1-1 work with learners in progressions into mainstream education and/or employment.

**Contact details:**
Telephone 01422 510000
[www.calderdale.gov.uk/socialcare/youngpeople/substance-misuse](http://www.calderdale.gov.uk/socialcare/youngpeople/substance-misuse)
[www.lifeline.org.uk](http://www.lifeline.org.uk)

**The Safe Hands Project**
This is a service that supports young people affected by child sexual exploitation across the Calderdale district. For information, support and advice or to make a referral please telephone 01422 430495 or follow the web link below:

**Barnardos Calderdale Early Intervention Service**
Barnardo’s delivers the LGBTQ (lesbian, gay, bisexual, transgender and questioning) young people’s provision in Calderdale.

**IDENTITY LGBTQ Young People’s Group:**
IDENTITY is a LGBTQ group situated in the Halifax area, formally known as GALYIC. The
group itself offers support and advice to young people coming to terms with their sexuality. We are based in a secure location in the town centre that offers a safe and calm environment for young people to meet and take part in activities together. Young people are supported to access the group through a one to one meeting and introduction to the group.

The young people at IDENTITY meet once a week on a Thursday evening between 5.30pm and 8.30pm. The group itself is run by qualified members of staff and volunteers that are all hand selected by the young people and that are all qualified to deal with and provide advice on any sexuality issues.

Referrals are accepted by young people and family members as well as professionals working with young people. Referrals can be made directly by emailing identitylgbtgroup@hotmail.com

Telephone: 01422 371993  
Website: www.barnardos.org.uk/cornerstone  
Email: cornerstone.yorkshire@barnardos.org.uk

Women’s Centre

Womenslink  
This is a first point of contact for women accessing WomenCentre and the Calderdale health and wellbeing pathway for women. Trained staff and volunteers have time to listen to women’s worries and concerns and then link them into the most appropriate support or services in Calderdale. There is a health and wellbeing group that looks at the many aspects of emotional wellbeing, such as anxiety, depression, loneliness and sleep difficulties. This also is a gateway to wider WomenCentre services, groups, activities and individual support.  
Telephone: 01422 386500 / 07738 681596

Way Forward – a young women and girls resilience project  
This service is for girls and young women who have complex and multiple needs, to give them space and time to talk, to enable engagement and to provide the opportunity to affect change and improve their life chances.  
Telephone: 01422 386540
The Maze Project
The Maze project is available for women aged 18 and above who have experienced domestic violence. The project aims to work with women where you know they are not accessing support and experience difficulty in recognising their situation. If these women are engaging with the project there is also scope for us to work with their partner providing he is acknowledging that he wants to change his abusive behaviour.

Telephone: 01422 386506

The Independent Domestic Violence Advocacy Service – IDVA
The IDVA provides crisis intervention, advice and advocacy for anyone assessed as a high risk victim of domestic violence, including men and those of same sex relationships, who are assessed as high risk victims. The service provides short to medium term intensive support to victims including support through the criminal justice system and Multi-Agency Risk Assessment Conferences (MARAC).

Telephone: 01422 323339

Young Persons Violence Advocate – YPVA
Specialist support for young people age 13 – 19 who are experiencing domestic abuse within their own intimate relationships.

Telephone: 01422 386501

Children and Young People’s Domestic Abuse Support – CYPA
A support service for children and young people. We offer a 1:1 confidential support service for children and young people ages between 5 and 18 who have been affected by domestic abuse in their home.

Women’s Support Team
The team support women who have been subjected to domestic abuse. The service is free, confidential and non judgemental, delivered by trained workers and volunteers to any woman in Calderdale. Support workers will assess the level of risk from an abusive partner / ex-partner and will work to develop an appropriate safety and support plan. Support is provided individually both face to face and by telephone. Support can be offered in some outreach venues, professionals can contact the office to discuss further.

Telephone: 01422 323339
Breaking the Cycle
An early intervention service to support women to recognise domestic abuse at the earliest opportunity and to assist in breaking the cycle before the abuse becomes entrenched. The service takes an assertive outreach approach supporting women and their children.
**Telephone:** 01422 386506 / 323339

Evolve – Calderdale
The service provides support, advice and information for women offenders, women who are at risk of offending and any woman involved in any aspect of the criminal justice system. There are co-located probation officers based within the team, women can be supported prior to court, with pre-sentence reports, conditional cautions and those women returning back to Calderdale from prison. Support is also offered to women with substance misuse issues, debts, benefits, employment advice, housing advice and offer emotional and practical support.
**Telephone:** 01422 386502 / 07884 401883

Café Petit
Café Petit is situated just off the main reception area at WomenCentre Calderdale, we provide a friendly, welcoming women only space. We can also provide buffet catering for up to 20 delegates attending training / meetings at the centre. Opening times: Tuesday to Thursday 10.30 – 1.30pm.

New Outreach Service
Some women find it difficult to access services at the centre: therefore we are currently developing a skilled Outreach Service which will provide ongoing advice and support to women experiencing domestic abuse and will operate at several community based venues across Calderdale.
The above are just some of the services on offer at WomenCentre, we have much more on offer and this can be found on our website: [Womencentre.org.uk](http://Womencentre.org.uk), or:
**Telephone:** 01422 386500
**Address:** The Women’s Centre, 23 Silver Street, Halifax (open Monday – Friday)
CHILDREN’S SOCIAL CARE

Multi-Agency Screening Team (MAST)
MAST is the first point of contact for any new safeguarding concerns or enquiries.
Telephone: 01422 393340
Website: www.calderdale.gov.uk/socialcare/family/childprotection/index

First Response Team
The First Response Team receives all incoming cases and carries out initial assessments and core assessments in order to signpost cases to the most appropriate service for them. Telephone: 01422 393336 (For out of hours service please see Calderdale Emergency Duty Team)
Website: www.calderdale.gov.uk/socialcare/family/childprotection/index

Calderdale Emergency Duty Team
Health and Social Care (Adult Services) and Children and Young People’s Services provide an emergency service at nights and weekends, when their offices are closed - the Emergency Duty Team. The service is available to any adult or child who has social care difficulties that are causing a serious risk or concern that cannot be left until the start of the next working day.
Telephone: 0845 1111 137
Website: www.calderdale.gov.uk/community/children/outofhours-support
SPECIALIST SERVICES

Education Welfare Service
The Education Welfare Team provides a channel of communication between home and school and between parents and the Local Authority to ensure that children gain access to, and benefit from educational provision.
www.calderdale.gov.uk/education/parents/educational-welfare

Looked After Children Education Service (LACE)
The Virtual School (Looked After Children Education Service) is a core service that provides advice and support to children and young people aged 3-19 years who are Looked After, teachers, school governors, support services, social workers, parents and carers.
www.calderdale.gov.uk/education/parents/lace

Special Educational Needs Team
This is a statutory independent service which provides information, advice and support to parents of children aged 3-19 with Special Educational Needs.
www.calderdale.gov.uk/education/parents/sen

Educational Psychology Service
Educational Psychologists provide a service to support the educational, social and mental health needs of children and young people who may be vulnerable, at risk or have special needs.
www.calderdale.gov.uk/education/parents/educational-psychology

Specialist Inclusion Service
An experienced team of specialists who enable impaired children and young people to achieve their full potential within schools and the community. This service is made up of three teams: The Hearing Impairment Team – (HI), The Visual Impairment Team – (VI) and Autism Spectrum Condition Team – (ASD).
www.calderdale.gov.uk/education/childcare/familiesdirectory
www.calderdale.gov.uk/siteinfo/atoz

Medical Needs Team
Calderdale Medical Needs Team support children and their parents while they are unable to go to school for more than fifteen working days because of illness.
www.calderdale.gov.uk/education/parents/children-medicalneeds
UNIVERSAL SERVICES

Health Services

Midwives
They offer universal services for pregnancy up to 19 years. This is offered in a range of health care settings, GP clinics, Children’s Centres and schools; offering specialist support for vulnerable women in pregnancy, (Eden Team) including substance misuse, mental health and teenage pregnancy. The Family Nurse Partnership provides targeted intervention for pregnant vulnerable teenagers.

**Telephone:** 01484 728934 (referrals are then made by the Midwife to Eden Team and Family Nurse Partnership).

**Website:** [www.cht.nhs.uk/services/clinical-services-a-z/children-womens-services/maternity-services](http://www.cht.nhs.uk/services/clinical-services-a-z/children-womens-services/maternity-services).

School Nursing
Qualified nurses who have done additional training and who can offer support and advice on a wide range of health issues. The service supports all children and young people aged 4 – 18 who attend a Calderdale school.

**Telephone:** 01484 712515

**Website:** [www.calderdale.nhs.uk/local-services/a-z-listing/school-nursing](http://www.calderdale.nhs.uk/local-services/a-z-listing/school-nursing)

Health Visiting
Families are referred by their midwife or GP if they are new to the area.

For further information please see the following website:

**Website:** [www.cht.nhs.uk/services/clinical-services-a-z/community-services/calderdale-health-visitors](http://www.cht.nhs.uk/services/clinical-services-a-z/community-services/calderdale-health-visitors)

Community Mental Health Team
Support to people with mental health difficulties. Aim to enable people of working age with a severe mental illness to receive appropriate health and social care in order that they can lead as independent lives as possible.

**Telephone:** 01422 383062

**Website:** [www.calderdale.gov.uk/socialcare/mentalhealth/services/index](http://www.calderdale.gov.uk/socialcare/mentalhealth/services/index)

Calderdale Stop Smoking Service
Stopping smoking is easier than you think with the guidance and support from the Calderdale specialist NHS stop smoking service.
Telephone: 01422 281505
Website: www.calderdale.gov.uk/socialcare/health/stop-smoking

Calderdale in Recovery
This is an online resource for help with drugs and alcohol including organisations that could support with specific issues on the road to recovery, information on common drugs and help and support for friends and family members.
Website: http://www.calderdaleinrecovery.com

Postnatal Support in Calderdale
This is a small, free of charge postnatal Depression (PND) support group based in the Halifax area for sufferers and those who have recovered from PND. Confidential telephone advice and signposting service. Visit the Family Services Directory for more information:
Website: www.calderdale.gov.uk/education/childcare/familiesdirectory

The Calderdale Homebirth Support Group
A group meeting in Calderdale and Huddersfield on alternate months to support people interested in having a home birth. There will be shared stories from Mum and Dads to help people make informed decisions that are right for them. Partners, family and children welcome. Visit the Family Services Directory for more information:
Website: www.calderdale.gov.uk/education/childcare/familiesdirectory

Healthy Minds
Health Minds Information Service is a Calderdale Wellbeing project. A free and confidential service for mental health and wellbeing. Regular information sessions held in a number of venues across Calderdale – check website for details.
Website: www.healthymindscalderdale.gov.uk
Patient Advice and Liaison Service (PALS)
PALS are set up in every NHS Trust to support the on-going development of patient focused care. PALS acts independently when handling patient and family concerns, liaising with staff, managers and where appropriate relevant organisations.
**Telephone:** 0300 311 22 33
**Website:** [www.calderdaleccg.nhs.uk/contact-us/patient-advice-and-liaison-service-pals](http://www.calderdaleccg.nhs.uk/contact-us/patient-advice-and-liaison-service-pals)

The Stroke Association
The Stroke Association provides an advice and support service to offer support and practical information for people who have had a stroke as well as their family and carers. Help arranging transport can be provided.
**Telephone:** 01484 714147
**Website:** [www.stroke.org.uk](http://www.stroke.org.uk)
**Email:** calderdale@stroke.org.uk

St. John's Ambulance
Runs local first aid courses. For details please contact on the telephone number below. Volunteering opportunities are available for both adults and children.
**Telephone:** 01924 262726
**Website:** [www.sja.org.uk](http://www.sja.org.uk)
Police
Ways to contact the police in the Upper Valley Area:

**Telephone:** Emergency 999 or 112 from a mobile  
Non Emergency 101  
Todmorden Police Station – 01706 817 237 (direct line)  
**Address:** Riverside, Burnley Road, Todmorden, OL14 5EY  
**Email:** calderdale.npt@westyorkshire.pnn.police.uk

**Partners and Communities Working Together Meetings (PACT)**  
All 5 wards have a PACT meeting held every 6 weeks. Members of the community are encouraged to attend to raise any issues of concern. If the matter is personal/sensitive they are free to speak to the local Officers at the end of the meeting.  
[www.westyorkshire.police.uk/calderdale/upper-valley](http://www.westyorkshire.police.uk/calderdale/upper-valley)

Housing

**Pennine Housing**  
Pennine Housing own and manage 11,500 homes in the Calderdale area. With choice based lettings you are now in control. If you are already one of our tenants or leaseholders, we have a range of services available for you. If you are a member of the community, part of a tenants group, or want to find out more about Pennine and get involved, contact the office.  
**Telephone:** 0300 555 5557  
**Website:** [www.togetherhousing.co.uk](http://www.togetherhousing.co.uk)

**PH2k Tenant Participation Service**  
Advice and help in setting up a residents group (PH2k estates only).  
**Telephone:** 0300 555 5557  
**Website:** [www.ph2k.org.uk](http://www.ph2k.org.uk)

The Early Years and Childcare Sufficiency Team
The Early Years & Childcare Sufficiency Team provides information on parent and toddler groups, childcare, pre-school early education and services to support families of children and young people aged 0-19.  
**Address:** Calderdale Council, Northgate House, Northgate, Halifax, HX1 1UN
Telephone: 01422 392576
Email: fis@calderdale.gov.uk
Opening Hours – Monday to Friday 9.00am – 5.00pm.
Information on childcare is available at:
http://www.calderdale.gov.uk/education/childcare/providers/index.jsp
Information on the free early education entitlement for eligible two, three and four year olds is available at:
http://www.calderdale.gov.uk/education/childcare/providers/education.html
Advice on registering as a child-minder is available at:
http://www.calderdale.gov.uk/education/childcare/childminding/index.html
BEFORE SCHOOL

Children’s Centres
Children’s Centres offer services for children and families, providing early years education and childcare, parenting and family support and health services, all under one roof. Visit the website: www.calderdale.gov.uk/education/childcare/childrenscentres

Hebden Vale Children’s Centre
Address: Stubbing Holme Road, Hebden Bridge, HX7 6AT
Telephone: 01422 373133
Website: www.calderdale.gov.uk/education/childcare/childrenscentres

New Road Children’s Centre
Address: New Road School, Sowerby Bridge, HX6 1DY
Telephone: 01422 835614
Website: www.calderdale.gov.uk/education/childcare/childrenscentres

Todmorden Children’s Centre
Address: Todmorden Community College, Burnley Road, Todmorden, OL14 7BX
Website: www.calderdale.gov.uk/education/childcare/childrenscentres
Parent and Toddler Groups

Centre Vale Toddlers
Address: Centre Vale Park, Near Bowling Greens, Burnley Road, Todmorden
Opening Times: Tuesday’s and Thursday’s 9.30 – 11.30am

Chatterbox Toddlers
Address: St Peter’s Community Centre, St Peter’s Avenue, Next to Little Loubees Nursery, Sowerby, HX6 1HB
Telephone: 01422 822541 / 07884 374341
Opening Times: Wednesday’s 9.30 – 11.30am

Dodnaze Parent & Toddler Group
Address: Dodnaze Community Centre, 54 Hirst Grove, Hebden Bridge, HX7 8DN
Telephone: 01422 843216
Opening Times: Thursday’s 9.45 – 11.15am

Full Time Parents Group
Address: Slack Top Centre, Slack Top, Heptonstall, Hebden Bridge, HX7 7HA
Telephone: 01422 846749
Opening Times: First Tuesday of each month at 10am

Heptonstall Parent & Toddlers
Address: Heptonstall Social and Bowling Club, Acre Lane, Heptonstall, Hebden Bridge, HX7 7LT
Telephone: 01422 842791
Opening Times: Monday’s 10.00 – 11.45am

Luddenden Valley 0-5’s
Address: The Basement, Luddendenfoot Civic Centre, Station Road, Luddendenfoot, HX2 6AD
Opening Times: Tuesday’s, Thursday’s & Friday’s 9.15 – 11.15am

Lumbutts Babies and Toddler Group
Address: Lumbutts Methodist Church
Telephone: 07899 077704
Opening Times: Tuesday’s 9.30 – 11.30am
Mytholmroyd Community Centre Toddlers
Address: Mytholmroyd Community Centre, Streamside Fold, Mytholmroyd, HX7 5DY
Opening Times: Tuesday’s 9.30 – 11.30am & Friday’s 9.30 – 11.30am & 1pm – 3pm.

Mytholmroyd Methodist Chapel Toddlers
Address: The Methodist Chapel, Scout Road, Mytholmroyd
Opening Times: Wednesday’s 9.30 – 11.30am.

Old Town Toddler Group
Address: Old Town Primary School, Billy Lane, Old Town, Hebden Bridge, HX7 8RY
Telephone: 01422 842162
Opening Times: Friday’s 9.30 – 11.30am

Ripponden Parent & Toddlers
Address: The Community Centre, 5 Old Bank, Ripponden, HX6 4DG
Telephone: 01422 822777
Opening Times: Tuesday’s 9.30 – 11.30am

Stones Methodist Church Baby & Toddler Group
Address: Stones Methodist Church, Rochdale Road, Ripponden, HX6 4LA
Telephone: 01422 834335
Opening Times: Friday’s 9.30 – 11.00am

Childcare
For up to date information on child care and early education providers in Calderdale please follow the link below:
www.calderdale.gov.uk/education/childcare/providers

Children’s Activities
Physical Development with fun for 0-5 years.
Address: Venues may change – check online for details.
Website: www.actionkids.co.uk

Krafti Kidz
A Krafti Kidz session provides pre-school children and their carers an opportunity to take part in lots of arts, crafts and messy play without messing up your own home!
For more information follow the link below:
www.calderdale.gov.uk/education/childcare/familiesdirectory

Shenanigans Playbus
Fully internally converted double decker soft play area for 2 – 10 year old children. Available to hire for parties, galas, carnivals, fetes, fayres, wedding and charity events.
**Telephone:** 01422 310093
**Website:** www.shenanigansplaybus.co.uk
**Email:** playbusinfo@yahoo.com

Holme Street Arts Centre
Icky Sticky Kids messy play session at 10am on Tuesdays.
CALDERDALE SCHOOLS

You can search for information about all Calderdale primary and secondary schools by name, postal district and type and find headteachers, address, web sites, maps and links to Ofsted reports and performance tables for each school: www.calderdale.gov.uk/education/schools/calderdale-schools/findschools.

You can also find out about school term dates, admissions to primary and secondary school and information about travel to school: www.calderdale.gov.uk/education/schools
SPORT AND LEISURE

Parks and Open Space
To access information on local play areas, parks, cycle routes, fishing, paths and bridle ways, allotment gardens, outdoor gyms and nature reserves follow the following link:
http://www.calderdale.gov.uk/leisure/openspaces

Sports

Todmorden Sports Centre
Superbly situated overlooking the beautiful grounds of Centre Vale Park. Todmorden Sports Centre offers a range of excellent leisure facilities. 25 metre swimming pool, comprehensive programme of swimming lessons for children and adults are available as well as the Premier Suite with spa pool, steam room, sauna and relaxation area. Air-conditioned well-equipped fitness studio, air-conditioned dance studio offering a range of aerobic and fitness classes, sports hall with facilities for badminton, five-a-side football, basketball, netball and volleyball and floodlit sports area.
Address: Ewood Barn, Ewood Lane, Todmorden, OL14 7DF
Telephone: 01706 839090
Website: www.calderdale.gov.uk/leisure/sport-fitness/sports-centres-pools

Fielden Centre
Tai Chi Class for over 50’s 10.30am on Thursdays
Telephone: 01706 817926

Bailey’s Gym
Leg,s bums and tums, spinning, Abs Class, Kids Thai Chi, Yoga, Miay Thai, Boot Camp & Circuit Training sessions.
Telephone: 01706 839225

The Old St John Ambulance Hall
Victoria Road. Zumba Class.
Telephone: 01706 839113

Todmorden Climbing Skool
Exercise, aerobic and climbing classes.
Website: www.climbingskool.co.uk

Yew Tree Court
Walsden. Tai Chi and Qigong Class
Telephone: Marsha or David on 01422 240730
**Roomfield Baptist Church**  
Insanity Exercise Class run by Ben Vincze at 7pm on Thursday’s  
**Telephone:** 07857 543974  
Dramasaurus Classes at 2.30pm for 2-3yr olds, 4pm for 4-5 year olds and 4.50pm for ages 6-8 on Thursday’s.  
**Telephone:** Mel on 07554 368232

**Yew Tree Court**  
Walsden. Tai Chi and Qigong Class  
**Telephone:** Marsha or David on 01422 240730

**School of Dance**  
Zumba class, Street dance, Yoga, Adult Ballet Class, Baby Ballroom Class (children 4-6) and Beginner Ballroom at Latic clases.  
**Telephone:** Dawn Chapman on 07788 626363 or 01706 839113

**Todmorden Cricket Club**  
Aerobics with no mirrors.  
**Telephone:** call Karen on 07880 743972

**Union House**  
Yoga for pregnancy class at 7pm on Monday’s.  
**Telephone:** 07985 274181

**Todmorden Walkabout**  
Meet at Todmorden Market main entrance at 11am on Monday’s (new walkers meet at 10.45am).  
**Telephone:** Karen on 01706 819118 or Margaret on 01706 817824

**Sarah’s Dance Studio**  
Fielden House, Rochdale Road. Belly Dance Group Oriental Style and Tribal Style.  
**Telephone:** Jan on 07900 270320

**Walsden Cricket & Bowling Club**  
Afternoon sequence dancing at 1.30pm on Wednesday’s.

**Central Methodist Church**  
Mature Yoga for Health Class at 3.30pm on Wednesday’s  
**Telephone:** 01422 842398
Judo Premises – above Purdy Pine off Valley Road
Strength to strength body workout sessions, Abs Workout, Strength to Stretch Sessions.
Telephone: Caron on 07896 353946

Calderdale Yoga Centre
Pilates Classes, improvers / intermediate pilates, Pilates for back care and Ashtanga Yoga.
Telephone: to book call Vanda on 01422 823743
Drop in Yoga Class 9.30am – 11am on Monday’s.
Telephone: Jon on 07990 541229

Waterside Gym
Gentle exercise class 2pm – 3pm on Thursday’s. Circuit training, body conditioning session, Zumba and all abilities keep fit classes also available.
Telephone: 01422 846088

Midgley Community Centre
Mature Yoga for Health Class 4.45pm and 6pm.
Telephone: 01422 842398

Hebden Therapy Centre
Wragley House. Yoga classes – call Richard on 07976 583077
MS society Yoga classes for people with the condition call 01422 206692
Iyengar Yoga class call 01422 883877

Hebden Bridge Boxing Club
Women’s boxercise
Telephone: 07732 433243
Juniors recreational boxing and women’s boxing training.
Telephone: Kate on 07732 433243

Dunkley House
Albert Street. Wing Chun Kumg Fu at 6pm on Friday’s.
Telephone: 07884 020028
Halifax Sports Acro
Provides Sports Acrobatics Gymnastics for children aged 4 through to adults. Catering for beginners to national level gymnasts. Classes run at Burnley Road School.
**Telephone:** 01422 311989
**Website:** [www.halifaxsportsacro.co.uk](http://www.halifaxsportsacro.co.uk)
**Email:** admin@halifaxsportsacro.co.uk

Further information on clubs and societies, sports centres and swimming pools and exercise opportunities for everyone can be found at: [www.calderdale.gov.uk/education/childcare/familiesdirectory/index](http://www.calderdale.gov.uk/education/childcare/familiesdirectory/index)

Longfield Equestrian Centre
Taster sessions and riding lessons for all ages and abilities in classes or private lessons.
**Telephone:** 01706 812736

Hobbies

La Jolie Ronde
La Jolie Ronde gives children the opportunity to learn French and Spanish at an age (3 – 11) when they are most receptive and uninhibited by learning in small classes with children of their own age group. The national number can help locate your nearest class.
**Telephone:** 0113 250 0809
**Website:** [www.lajolieronde.co.uk](http://www.lajolieronde.co.uk)
**Email:** info@lajolieronde.co.uk

Todmorden Studio – Stansfield Street
Drawing and abstract painting classes – 5 week course or one day workshops.
**Telephone:** Val on 07806 351330
**Email:** valjfa@talktalk.net

Cheeky Sew & Sew – Dale Street
Sewing café, use of workshop and machines to complete own projects with support available and Knit wits knitting group.
Beginners dress making classes contact Tansy on 01706 816181

Old Fire Station – Rochdale Road
Drawing classes 2pm – 4pm and 6.30 – 8.30 on Thursday’s.
Life drawing classes available.
**Telephone:** Tina Foran on 07598 303946
Cheeky Sew & Sew
– Dale Street
Sewing café, use of workshop and machines to complete own projects with support available and Knit wits knitting group.

Beginners dress making classes contact Tansy on 01706 816181

Old Fire Station – Rochdale Road
Drawing classes 2pm – 4pm and 6.30 – 8.30 on Thursday's.
Life drawing classes available.
Telephone: Tina Foran on 07598 303946

Roomfield House Community Rooms
Oak Todmorden for over 50’s – gentle exercise to music class at 12.30pm on Tuesday’s.
Telephone: 07786 004516

Cornholme Community Centre at St Michael’s Church
Knit and natter group at 9.30 – 11.30am on Tuesday’s followed by over 60’s lunch club run by Age UK until 1.30pm.
Telephone: Ann Morrison on 07587 700355

Word of Mouth
Painting, drawing and mixed media workshops 7 – 9pm on Thursdays – to book call Jude on Telephone: 07902 039339.
Beginners/improvers Croche at 10am on Saturdays – to book call Telephone: 01422 648299.
Handmade Christmas cards sessions 1 – 3pm on Saturdays – for more details call Annie on Telephone: 07521 486089.

The Crypt – St Mary’s Church
Independent nightlife – a club for adults with learning disabilities at 7pm on Thursday’s.

Hanuman Thai – Water Street
Open Mic Night at 8pm on Thursdays.
Telephone: 01706 817010

Pennine Canal Festival
A range of events held – for more details look on following website:
Website: Myrochdalecanal.org.uk

Cornholme – Writing Group
Going Deeper – creative writing group for women and als Astro Shamanism Group for Women. For more details contact:
Telephone: 07963 167649

Todmorden Community Brass
Run a beginners brass band at The Band Room, Wellingtono Road at 5.30pm on Tuesday’s followed by 5 note and training band.
Telephone: Liz on 01706 818882
Hebden Bridge Flamenco
Held at Salem Community Centre. Have Beginners and Improvers class as well as intermediate level classes.
Telephone: Patricia on 07949 050039

Skills for Work – Beehive Mills, Hebble End
Free three hour rolling programme that starts at 10am on Thursdays and a Computer’s Don’t Byte free two hour rolling course at 2pm on Thursdays.
Telephone: 01422 846934

Chess Club – Hebden Bridge
Meets at the Trades Club – Junior class at 6pm and All levels at 7.30pm.
Telephone: John Kerrane on 01422 842426

Dodnaze Community Centre
Astrology for women sessions, After school club 5s – 11s, Kundalini yoga, arts and crafts.
Telephone: 01706 816740

Libraries

Hebden Bridge Library
Address: Cheetham Street, Hebden Bridge, HX7 8EP
Telephone: 01422 288040
Email: hebden_bridge.library@calderdale.gov.uk

Ripponden Library
Address: Brig Royd, Halifax Road, Ripponden, HX6 4AN
Telephone: 01422 822357
Email: ripponden.library@calderdale.gov.uk

Todmorden Library
Address: Strand, Rochdale Road, Todmorden, OL14 7LB
Telephone: 01706 815600
Email: todmorden.library@calderdale.gov.uk

Walsden Library
Address: Inchfield Road, Walsden, Todmorden, OL14 8QP
Telephone: 01706 815602
Email: walsden.library@calderdale.gov.uk
GROWING UP – TRANSITION TO ADULTHOOD

Apprenticeships
Grow your future: Support for young people
Grow your future is designed to provide apprenticeships and work opportunities for young people in Calderdale through paid work experience placements, pre-apprenticeships and apprenticeships. For more information contact the Grow Your Future Team:
Email: growyourfuture@calderdale.gov.uk
Telephone: 01422 364092
Website: www.calderdale.gov.uk/empolyment/training/grow-your-future/index

Housing

Pennine Housing
Pennine Housing own and manage 11,500 homes in the Calderdale area. With choice based lettings you are now in control. If you are already one of our tenants or leaseholders, we have a range of services available for you. If you are a member of the community, part of a tenants group, or want to find out more about Pennine and get involved, contact the office.
Telephone: 0300 555 5557
Website: www.togetherhousing.co.uk

PH2k Tenant Participation Service
Advice and help in setting up a residents group (PH2k estates only).
Website: www.ph2k.org.uk

Calderdale College
Calderdale College offers a wide range of full and part time courses in addition to work-based learning opportunities.
Address: Francis Street, Halifax, HX1 3UZ
Telephone: 01422 357357
Website: http://www.calderdale.ac.uk
**Prospects Calderdale Pathway Team – Leaving Care**

The Prospects Calderdale Pathway Team works with young people aged 16 and over who are from Calderdale who are looked after, or who have left care up to the age of 21, or up to the age 25 if the young person is in further or higher education. We provide a wide range of services, information and support. We work with young people and provide advice and support to help make the right choices and decisions through the transition to adulthood.

**Telephone:** 01422 394099  
Full details of this service can be found by searching at: [http://www.calderdale.gov.uk/socialcare/wellbeing-hub](http://www.calderdale.gov.uk/socialcare/wellbeing-hub)

**Job Centre Plus**

To make a first claim telephone 0800 055 6688; to discuss benefits telephone: 01422 424600. Please ring to make an appointment.

**Address:** Crossfield House, St James Road, Halifax.
We are here to help you and your family and if you have any further questions or concerns or would like more information, please contact us:

**Jeff Rafter**
Early Intervention Service Manager
(Upper Valley)
Tel: **01422 368279**
Email: **eis.uppervalley@calderdale.gov.uk**

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**Map of Upper Valley**