



Prevention Concordat for Better Mental Health: information required from signatories to the Consensus Statement

We are delighted that you are interested in becoming a signatory to the [Prevention Concordat for Better Mental Health Consensus Statement](#). You will be joining a number of organisations who have committed to working together to prevent mental health problems and promote good mental health through local and national action.

Please can you complete the template below to enable us capture your pledge and the key contacts in your organisation. Once completed, please send to: tom.mapplethorpe@phe.gov.uk

Lead contact	Caron Walker, Assistant Director, Adult Public Health Improvement /Consultant in Public Health
Name of local authority	Calderdale Metropolitan Borough Council (CMBC)
Please tell us more about your work <i>(no more than 150 words)</i>	Calderdale MBC has prioritised prevention and promotion of good mental health to aid our Vision 2024, where Calderdale can be “a place defined by our innate kindness and resilience, by how our people care for each other are able to recover from setbacks and are full of hope”. Our Chief Executive has established an employee Wellbeing Board focused on mental health and to support our earlier commitment to Time to Change employer pledge. We take a life course approach to reducing mental health inequalities where the Public Health team leads on influencing partners to shift towards a public mental health approach, including the Children and Young People’s Local Transformation Plan, Primary Care Networks and Calderdale Cares (health and care integration). Our updated Joint Wellbeing Strategy supports tackling wider determinants through our commissioned services, the completion of LGBTQ+ Mental Health Needs Assessment, leading on our multi-agency Suicide Prevention work and wider workforce support around mental health knowledge and awareness.
What are you currently doing on:	Our approach to promotion of good mental health and prevention can be seen, for example, through our social prescribing approach, Staying Well, to reduce social isolation and loneliness. In particular

<ul style="list-style-type: none"> • prevention of mental health problems and suicide • promotion of mental health 	<p>embedding Five Ways to Wellbeing is increasingly becoming a framework to support residents to build resilience and improve wellbeing. This framework and alongside Time to Change employee pledge aims to tackle stigma and promote what key activities are mentally healthy. Calderdale's Joint Wellbeing Strategy where wellbeing a positive state of mind and body, is at the heart of our work. An approach further reflected in Calderdale Cares and Care Closer to Home (the reconfiguration of community health services) where shifting systems to prevention is our goal.</p> <p>Prevention of Mental Health Problems and Suicide</p> <p>Calderdale has an established multi-agency strategic group on suicide prevention which has documented partners contributions one year on following the publication of the Calderdale Suicide Prevention Action Plan. We recognise the progress made by all partners and how this supports our vision for Calderdale to be a place where suicides are eliminated and where people do not consider suicide as a solution to the difficulties they face; also a place that supports people at a time of personal crisis and builds individual and community resilience for improved lives. Our wider prevention and promotion work is informed by our last Calderdale Suicide Audit 2012-2014 undertaken in 2016. This has provided impetus to partners already working in this field of suicide prevention, for example Andy's Man Club and The Samaritans, and has enabled good examples of work to emerge from our partnership including:</p> <ul style="list-style-type: none"> • Collaborative approach to reducing suicide on North Bridge, Halifax include restricting access by starting works on improving physical barriers, improved surveillance using CCTV and increased opportunity for help seeking with the implementation of Samaritan signs. • Postvention peer group support alongside local workshops titled 'What Remains' accompanied by a short film detailing a local families experience of suicide and the effects this has on family members and loved ones. Filmed by Verd de Gris arts, the film has been screened across England and will open Septembers Suicide Bereavement UK's 8th International Conference. • Calderdale Flood Fund through the Community Foundation for Calderdale to support a number of projects in Todmorden including peer support for depression and anxiety supporting the mental health of those affected by the 2015 Boxing Day floods. This programme continues today across the affected locality. • Resource design, for example a credit card size Crisis Card containing key local and national organisations to signpost people in emotional distress to support that they need. The development of the card has come from partners including Public Health and Calderdale's Safeguarding Partnership.
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We currently commission the following services across the life course which delivers on our commitment to Public Mental Health;

Healthy Early Years (0-5 years old)

Public Health lead on the commissioning and development of the [Public Health Early Years' Service](#) (PHEYS) and the [Healthy Early Years Support](#) (HEYS) Service to achieve the main outcome of ensuring all children in Calderdale are given the opportunity for the best start in life. The service providers and Public Health brings together an evidence base and understanding from others to understand the needs of families in the early years and collectively seek solutions to the many challenges faced by families. The emotional health and wellbeing of children and their families is paramount and our early year's services work in a holistic way to promote good mental health and provide support or signposting.

Healthy Futures Calderdale (5-19 years old)

Public health lead commission and development of the Healthy Futures Calderdale Provider Alliance to ensure health and wellbeing of school-aged children and young people in Calderdale are met. Public Health are working alongside alliance partners, including the School Nursing Service, to put in place evidence-based and innovative solutions based on the needs of Calderdale families. This includes the development of a resilience building programme to schools for the promotion of emotional health and wellbeing.

Mental Health as a priority

We continue to champion public mental health prevention and promotion through Calderdale primary care networks and provide relevant evidence based information in supporting the following groups in shifting towards prevention.

Mental Health Innovation Hub (i-Hub)

The i-Hub established in 2015 by the Calderdale CCG as a forum for partners to improve support and care for people in mental health distress and their families/carers. Membership is informal and broad and includes representatives from voluntary sector organisations, the NHS and Public Health. Members work towards a set of principles focusing on lived experience and much work recently has focused on peer support and wider determinants of mental health.

Primary Care Networks

Five geographical networks in Calderdale have formed each bringing general practice together to work at scale with support from partners such as the Council including Public Health and Adult Social care, other statutory services and voluntary sector organisations to deliver the NHS Long Term Plan in the context of locally decided priorities. Each network is working towards tackling the wider determinants on population health. North Halifax Primary Care Network, one of the five networks, have identified mental health a priority through population management approaches developed by Public Health and through the presentation of evidence based practice, are changing ways of working to work towards a mentally healthy North Halifax.

Emotional Health and Wellbeing Local Transformation Plan and Taskforce

This is a multi-agency group whose primary focus is to improve the emotional health and wellbeing of children and young people in Calderdale and implement the findings of Future in Mind. The taskforce is responsible for the strategic planning of emotional health and wellbeing services for children and young people following a number of principles. Principles include the use of evidence based informed practice. This includes Public Health team updates and the sharing of the results of the electronic health needs assessment (eHNA) conducted annually by Public Health in primary schools (years 5 and 6) and secondary schools (years 7,10 and 12) with a focus on the prevention of emotional health and wellbeing and to inform service delivery.

Voluntary Sector

In Calderdale the Staying Well programme works with any adult from 18 years and over to tackle social isolation and loneliness. Staying Well workers support people holistically around their physical and mental health and will help access social activities and health and wellbeing related services in the community, as well as working collaboratively to support local groups.

Workforce

In Public Health we look to build an increased knowledge and awareness of mental health in the workforce and through our traded services arm provide both Youth and Adult Mental Health First Aid to schools and the voluntary sector.

I confirm that we have a suicide prevention plan in place (please attach this or provide a link).	Calderdale Suicide Prevention Plan attached (Version April 2019)
I confirm that we have a mental health champion who is:-	An elected member <input type="checkbox"/> x A member of the H&WB Board <input type="checkbox"/> x The CEO of either the LA or the CCG <input type="checkbox"/> x
I can confirm that we:	Have completed and published a mental health JSNA in the past eighteen months <input type="checkbox"/> Are planning to update our mental health JSNA in the next three months <input checked="" type="checkbox"/> X
What contribution would you like to commit to in 2018/19 and beyond	Public Health and partners are providing commitment through our revision of the Joint Wellbeing Strategy where wellbeing as a positive state of mind and body, is at the heart of our work. To ensure our localities are having a focus on wider determinants of health and become mentally healthy places the main commitment includes the co-production of a Mental Health and Emotional Wellbeing Strategy with mental health service users, people in recovery and families and friends who are affected by someone living with poor mental health. This strategy will provide a road map for partners who are already providing wellbeing support and to non health partners in the prevention and recovery of mental health.
Can you provide a brief communication plan to indicate how you will promote your commitment?	Calderdale MBC communications team works closely with our health partners' communication teams ensuring messages are targeted and relevant. Our communication plan will firstly inform all our partners who have role in supporting health and wellbeing about our commitment to the Concordat, in particular statutory and voluntary services. Secondly, and most important, will be communication that informs our residents of our commitment to prevention. This communication will utilise the good relationship with the Halifax Courier forged through the suicide prevention group on media guidance to sensitively cover suicide. Furthermore Calderdale MBC communications team have a strong social media presence and this will be part of the strategy to inform residents who are digitally active. The commitment to the Prevention Concordat will also enable Calderdale health partners to inform residents on the support available ranging from talking therapies, peer support groups, bereavement and postvention, which previously has been difficult to coordinate. The Prevention Concordat will provide a further platform to promote the variety of support available.
Please provide a confirmation from the CEO or Board of your organisation (include name and date)	Robin Tuddenham - Chief Executive, Calderdale Metropolitan Borough Council (CMBC)

Name of the signatory from your organisation (should be the chair of your Health & Wellbeing Board).	Cllr Tim Swift MBE – Health and Wellbeing Board and Employment Committee. Cllr Tim Swift MBE is also leader of the council.
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