

Summer Cycle Training Courses 2014

To book www.calderdale.gov.uk/sport or 01422 341527

For further information bikeability@calderdale.gov.uk or 01422 392803 / 392818

Pedal Free – cost £4.00

A one hour introduction to Balance bikes with bike games for children age 3 to 5. Parents are required to stay to watch their children's progression. Bikes and helmets provided.

Bike Skills – cost £7.50

A two hour bike games, traffic free training course for children age 5 to 9. Children create their own bike certificate on the course.

Bikeability –Free

A two day National Standard Level 1 and Level 2 Bikeability course. An introduction to the road covering bike maintenance, road position and signalling – for children age 9 to 14, packed lunch required, bikes and helmets available.

Bikeability 3 – Free

A two day National Standard Level 3 Bikeability course. For experienced riders covering bike maintenance, route planning and riding on busier roads. Suitable for age 11 to 15, packed lunch required, bikes and helmets available.

Pedal Free

	Date	Time	Location
Course 1	Thursday 24 July	1.00 to 2.00pm	Halifax fire station
Course 2	Thursday 31 July	1.00 to 2.00pm	Illingworth fire station
Course 3	Thursday 7 August	1.00 to 2.00pm	Halifax fire station
Course 4	Thursday 14 August	1.00 to 2.00pm	Halifax fire station
Course 5	Thursday 21 August	1.00 to 2.00pm	Halifax fire station

Bike Skills

	Date	Time	Location
Course 1	Thursday 24 July	10.00am to 12.00pm	Halifax fire station
Course 2	Thursday 31 July	10.00am to 12.00pm	Illingworth fire station
Course 3	Thursday 7 August	10.00am to 12.00pm	Halifax fire station
Course 4	Thursday 14 August	10.00am to 12.00pm	Halifax fire station
Course 5	Thursday 21 August	10.00am to 12.00pm	Halifax fire station

Bikeability

	Date	Time	Location
Course 1	Tuesday 22 July and Wednesday 23 July	10.00am to 3.00pm both days	Halifax fire station
Course 2	Tuesday 29 July and Wednesday 30 July	10.00am to 3.00pm both days	Illingworth fire station
Course 3	Tuesday 5 August and Wednesday 6 August	10.00am to 3.00pm both days	Todmorden fire station
Course 4	Tuesday 12 August and Wednesday 13 August	10.00am to 3.00pm both days	Halifax fire station
Course 5	Tuesday 19 August and Wednesday 20 August	10.00am to 3.00pm both days	Halifax fire station

Bikeability 3

	Date	Time	
Course 1	Thursday 24 July and Friday 25 July	10.00am to 3.00pm both days	Halifax fire station
Course 2	Thursday 31 July and Friday 1 August	10.00am to 3.00pm both days	Halifax fire station
Course 3	Thursday 7 August and Friday 8 August	10.00am to 3.00pm both days	Halifax fire station
Course 4	Thursday 14 August and Friday 15 August	10.00am to 3.00pm both days	Halifax fire station
Course 5	Thursday 21 August and Friday 22 August	10.00am to 3.00pm both days	Halifax fire station



**BRITISH
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Cycling Providers - Partners - Projects - Promotion

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